

Ooewe VEGAN Allergen Information	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphites
<p><i>Below is our allergen information so that you can make informed choices about the dishes you order. Whilst every effort is made to minimise contamination our ingredients are produced and our dishes prepared in environments where allergens are present. We cannot therefore guarantee that any items on our menu are allergen-free. Where a dish 'contains' one or more allergens, this is where they are present as an intentional ingredient. Where a dish 'may' contain an allergen, this is where our supplier has told us that the ingredient is produced in a factory where this allergen is handled and there is a significant risk of cross-contamination. The ingredients within our dishes which are deep-fried will be cooked in the same fryers as other ingredients which may contain the allergen information every time you visit our restaurant because we may have changed the recipe or the ingredients of one or more of our dishes.</i></p>														
Specials														
Mediterranean Lamb Burger.	M	Y		M		M	M		M	M	M	M	Y	
Mediterranean Lamb Wrap.	M	Y		M		M	M		M	M	M	M	Y	
Mediterranean Lamb Fries. (personal)	M	Y		M		M	M		M	M	M	M	Y	
Mediterranean Lamb Fries. (sharing)	M	Y		M		M	M		M	M	M	M	Y	
Mediterranean Lamb Waffle Fries. (personal)	M	Y		M		M	M		M	M	M	M	Y	
Mediterranean Lamb Waffle Fries. (sharing)	M	Y		M		M	M		M	M	M	M	Y	
Garlic & Herb Mayo.														
Strawberry Cheesecake Shake.		Y											Y	
Lunch Burgers														
	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphites
Lunch Plant Based Beef Burger	M	Y				M			Y	M		M	Y	Y
Lunch Chick'n Burger	M	Y					M		Y				Y	Y
Lunch Chick'n Wrap	M	Y					M		Y				Y	Y
Kids Meal														
	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphites
Kids Burger	Y	Y				M			M	M		M	Y	
Kids Tenders x2	M	Y					M		M				Y	Y
Kids Corn														
Kids Fries		Y											Y	
Plant-based Beef Burgers														
	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphites
The Big Ooewe	M	Y				M			Y	M		M	Y	Y
The Big VG	M	Y				M			M	M		M	Y	Y
BBQ Smokestack	Y	Y				M			Y	M		M	Y	Y
Flamin' Hot Beef	Y	Y				M			Y	M		M	Y	Y
The Big Bacon Double Smashburger	Y	Y				M			Y	M		M	Y	Y
Smashburger (single and double)	M	Y				M			Y	M		M	Y	Y
Fried Chick'n Burgers														
	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphites
The Sneaky Clucker	M	Y					M		Y				Y	Y
BBQ Cluckin' Sandwich	Y	Y					M		Y				Y	Y
The Big Bacon Swiss	Y	Y					M		Y				Y	Y
The Other Side Chick	M	Y					M		M				Y	Y
Flamin' Hot Clucker	Y	Y					M		Y				Y	Y
Symplcity Burgers														
	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphites
Shroom Burger		Y							Y				Y	Y
Fish														
	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphites
Omni Ocean Burger		Y							Y				Y	Y
Omni Fish and Chips		Y							Y				Y	Y
Burger add ons														
	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphites
Plant-based beef patty	M	M				M			M	M		M	Y	
1/2 Plant-based beef patty	M	M				M			M	M		M	Y	
Symplcity Patty		Y											Y	
Chick'n Patty	M	Y					M		M				Y	Y
American Cheese														
Smoked Gouda														
Bacon		M											Y	
Jalapenos														
Hash Brown		Y											Y	
Crispy Onion		Y												
Chick'n & Popcorn														
	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphites
3 Tenders Solo	M	Y					M		M				Y	Y
3 Tenders Meal	M	Y					M		M				Y	Y
5 Tenders Solo	M	Y					M		M				Y	Y
5 Tenders Meal	M	Y					M		M				Y	Y
Dirty Fries														



Ketchup	Y													
<b>Dessets</b>														
	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphites
Cinnamon Churros		Y							M				Y	
Biscoff Churros		Y							M				Y	
Oreo Churros		Y				Y			M				Y	
Chocolate dipping sauce		Y												
Biscoff dipping sauce		Y				Y								
Love Raw Cream Filled Wafer Bar		Y		M			M			Y	M		Y	M
Salted Caramel Love Raw Cream Filled Wafer Bar		Y		M			M			Y	M		Y	M
<b>Shakes</b>														
	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphites
Chocolate Shake														
Strawberry Shake														
Oreo Shake		Y					M						Y	
Lotus Biscoff Shake		Y											Y	
Vanilla Shake														
Popcorn Shake														
Bannana Shake														
Last Updated 30/07/2024														
* Gluten and Soy on all fried items over declared due to contamination														
** May contain Milk, Soya, Celery, Mustard, Gluten & Sulphites on all products with Oowee dusting														